

Crim Festival of Races
2010 Schedule of Events
August 26-28

Thursday, August 26, 2010

CRIM HEALTH AND FITNESS EXPO
Packet Pick-up & Late Registration

2:00-8:00 p.m.

Riverfront Conference Center
1 Riverfront Center West
Corner Saginaw and Water Streets, downtown Flint
Meet Olympic legend Bill Rodgers

Crim Expo Speaker Series on the lobby stage
Bill Rodgers Comments on Running - 5 p.m.

Matthew C. Sardelli, MD - "Pre-Race Workshop" – 6 p.m.

Friday, August 27, 2010

CRIM HEALTH & FITNESS EXPO
Packet Pick-up and Late Registration

11:00 a.m.-9:00 p.m.

Riverfront Conference Center
1 Riverfront Center West
Corner Saginaw and Water Streets, downtown Flint
Meet Olympic legend Bill Rodgers

Crim Expo Speaker Series on the lobby stage
Bill Rodgers Comments on Running - 12 noon Matthew

C. Sardelli, MD – "Pre-Race Workshop" – 1 p.m. Meijer's

presents: Nutrition for Runners – 2 p.m. Michigan

Runner of the Year Awards – 4 p.m.

Meijer's presents: Nutrition for Runners – 6 p.m.

CRIM FOOD FEST & FRIDAY NIGHT CELEBRATIONS

5:00 p.m.- 9:00 p.m. Crim Festival Lot
Saginaw Street between Kearsley & First Street

DJ Craig Center & Black Tie Productions

It's 80's Night on the Flat Lot
Featuring "Rockshow" 7:00
- 9:00 p.m.

NEW!!!!!!

Flint Journal Family Fun Zone
Flint Journal Parking Lot on Harrison Street
Post Race Festivities for Kids and Families
6 - 9 p.m.

**PASTA PARTY TO BENEFIT
SHELTER OF FLINT**
5:30-9:00 p.m., Crim Festival Lot

**LOIS CRAIG INVITATIONAL
FOR SPECIAL OLYMPICS**
6:15 p.m., U of M Pavilion area
Saginaw Street, Downtown Flint

CRIM KIDS INVITATIONAL RACE
7:00 p.m., University Pavilion Rink
Saginaw Street, Downtown Flint

Saturday, August 28, 2010

**PANCAKE BREAKFAST
TO BENEFIT E. FLINT LIONS CLUB**
6:00 a.m. -12:00 p.m., U of M-Flint Pavilion Rink

CRIM HEALTH & FITNESS EXPO
Registrations can be made on race day
6:30 a.m. – noon
Riverfront Conference Center
1 Riverfront Center West
Corner Saginaw and Water Streets, downtown Flint

CRIM RUNS AND WALKS BEGIN!

7:30-11:50 a.m., Crim Start Line
Saginaw Street, Downtown Flint

10-Mile Wheelers	7:30 a.m.
10-Mile Walk and Run	8:00 a.m.
8K Run	9:30 a.m.
8 KWalk	9:45 a.m.
5K Run	10:00 a.m.
5K Family Walk	10:30 a.m.
1 Mile Run	11:45 a.m.

1 Mile Walk

11:50 a.m.

Teddy Bear Trot

1:00 p.m.

Start Line – In front of Flint City Hall on Saginaw Street

**Teddy Bear Trot – Race Day Registration

Riverfront Conference Center 6:30 – 8:00 a.m.

City Hall or Flint Journal Family Fun Zone 10:00 – 12:30

Pre-registered packet pick up at CITY HALL ONLY 10-12:30

FLINT JOURNAL POST RACE PARTY

**9:00 a.m.-4:00 p.m., Crim Festival Lot DJ
Craig Center & Black Tie Productions**

NEW!!!!!!

Flint Journal Family Fun Zone

Flint Journal Parking Lot on Harrison Street

Post Race Festivities for Kids and

Families 9 a.m. – 4 p.m.

Team Challenge Tent

Team Challenge Participants Only

9:30 – 11:30 a.m.

Refreshments

Sponsored by Michelob Ultra and Tom Ryan Distributors

Live Entertainment

Steve King and the Dittilies

1:00 P.M. – 3:00 p.m.

CRIM 10-MILE AWARDS CEREMONY

Featuring Crim 30 Year Runners

11:00 a.m. Crim Festival Lot Stage

DUCK RACE FOR MSO

1:30 p.m., Flint River

Downtown Flint